



LIQUID NITROGEN INSTRUCTIONS

Please follow the instructions as directed below following treatment with liquid nitrogen:

- The stinging/burning sensation experienced during the procedure will only last between 10-15 minutes following the procedure. Redness and swelling will occur where the affected areas were treated.
- If the treated area is tender for several days, Tylenol or Advil should help control the general pain. If areas are treated on the temple or scalp, a headache may occur, lasting 15-30 minutes and can occur for several days following treatment. Tylenol or Advil are appropriate treatments for this side effect as well.
- A blister may form in the treated area within 24-72 hours, and may turn red to purple. This is NORMAL and you should not be alarmed. If the blister is large and painful, then you may puncture the blister with a sterile needle or pin (use alcohol), to relieve the pressure.
- Wash treated sites daily with mild soap and water. Your skin will heal best in a moist environment; therefore apply Polysporin, Vaseline, or Aquaphor to the treated sites until the skin is healed (3-5 days). Although the goal is to prevent a scab with daily ointment application, if a scab occurs do not remove it, it will fall off on its own.
- If the site is not healing, becomes excessively red, or drains pus please contact the office and ask to speak to our call staff.
- When a lesion is treated with liquid nitrogen, the lesion is expected to go away. If your lesion does not go away in 1 month, or if it goes away but then recurs, please schedule an additional appointment. Your lesion may need additional treatment.

Please contact the office with any questions or concerns.